



Restigouche Multicultural Association (RMA)

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INTERVIEW



Tristan Alex Duran, BScN

Professional designation:

Registered Nurse (RN) – Philippines
Bachelor of Science in Nursing (BScN)
Silliman University (2007), Dumaguete City,
Philippines

WES Canadian Equivalency:

Bachelor Degree (BA) four years

Previous Employment:

Blood Bank Staff Nurse 2012 - 2018
Silliman University Hospital Inc.,
Dumaguete City, Philippines

Current immigration status:

Open Work Permit

Current Canadian Employer:

Campbellton Nursing Home Inc.
Campbellton, NB

Current Employment position:

Resident Attendant

Phillipine National Anthem: “Lupang Hinirang”



The Philippine national anthem is entitled “**Lupang Hinirang**” and composed by Julian Felipe. “Lupang Hinirang” was first played publicly on June 12, 1898 during the proclamation of Philippine Independence.



Its lyrics were adopted from the Spanish poem, Filipinas, which was written by José Palma.

What Philippine Independence Day means to me?

Philippine Independence Day is one of the most significant celebrations for every Filipino. It marks the nation's independence from Spanish rule.

This celebration is also one way of giving honor to our Filipino heroes who fought for our freedom. They have sacrificed their lives so that the Philippine can attain its freedom from foreign rulers.

Back in the Philippines it's a national holiday. Every Filipino citizen has their own way of celebrating Independence day, some people put Philippine flag in their houses while others put miniature flags in their cars.

What do you miss from your country?

There are a lot of things I miss about the Philippines.

The **warm weather**. We only have two seasons, in my country: the wet season and the dry season. I miss the feeling of wearing light clothes. It's like summer the whole year round.

My family, every member of my family. I miss celebrating special occasions with them like Christmas and New Year and I miss the food prepared by my mother. Thank God we have video calls nowadays. That really helps, a lot.

I miss the **Philippine culture** and the genuine kindness of every Filipino. Lastly, I miss the **Filipino food** and **our white sand beaches**.

Why choose to come to New Brunswick and the Restigouche Region?

I chose NB and the Restigouche region because I was hired as a Resident Attendant at the Campbellton Nursing Home.

The people are kind and very friendly.

Anything you need is only a five-minute drive which is awesome.

There are also nice places where I can go when I feel lonely and bored. I can walk along Salmon Boulevard or go to Sugarloaf Park for a hike.

During the winter, there are different activities that can be enjoyed by all the age groups.

And, I'm starting to fall in love with the place because it's a small town which is far from crowds and traffic.

