



Restigouche Multicultural Association (RMA)

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THE BULLETIN BOARD

Reference: File 530 - News Articles

April 6, 2021

INTERVIEW



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Q. Place of birth?

I was born in Sussex, NB

Q. Did you choose New Brunswick, or did it choose you?

A little bit of both.

My ancestors settled in New Brunswick in the mid 1800's. Most of my family has been here since.

I have had to opportunity to move out of province a few times.

However, I have fallen in love with the culture and simple way of life in New Brunswick.

I could never leave.

Q. Preferred leisure activity?

I really enjoy reading, preferably Sci fi novels, murder mysteries and historic novels.

Also, I love the outdoors.

Being a natural introvert, I can do basically any activity on my own.

Q. Your passion?

My family.

I genuinely love being a mother.



My other passions include gardening and hobby farming.

My end goal in life is to live totally off grid. To live a self-sustainable life and leave as little of an environmental impact as possible.



Also, to teach my children to do the same.

Q. Which of our four seasons do you prefer & why?

This is a hard one because I can appreciate so many aspects of all four seasons. If I had to pick one: Autumn – for its warm days and cool nights.

Q. Best life advice ever?

**The 24 hour rule!*

It is relationship advice though, it can be applied to any social interaction and situation, too.

If you are upset with someone wait 24 hours before bringing it up. After that waiting period, if you are still upset bring it up with the other person. If not, it was not worth it.

I cannot count the number of times this has helped me in life. Believe it or not, I can be hot tempered and hard-headed individual - smile!

**Advice received from my mom who is a wealth of knowledge – and, I take everything she says to heart.*

Q. Most enjoyable voyage?

Going to Cuba for my little sister 's wedding.



It was my first tropical vacation!

Q. Destination yet to be discovered?

Ireland.
I had a trip planned with my sister and mother. However, covid has postponed this for us.



I've always wanted to see Ireland for the simple fact that it is part of my heritage.

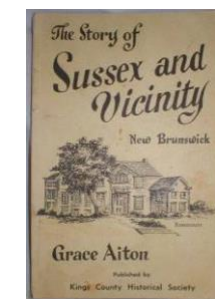
Plus, the rolling hills and beautiful farm lands are magical looking.

Q. You have the opportunity to dine with anyone from human history, you choose?

My choices may not be exciting; my maternal and paternal grandmothers. They passed away before I was born.

To be able to sit with them both and chat to get to know them and discover who they were.

Q. Last book read?



Q. Favorite expression?

Freedom is to live the life you choose

Q. Favorite authors?

**Farley Mowat*



**Farley McGill Mowat, OC was a Canadian writer and environmentalist. His works were*

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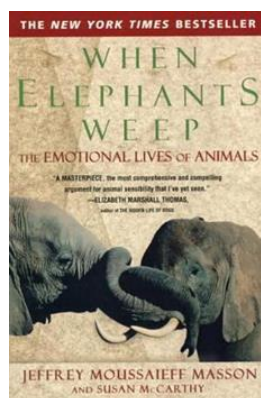
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translated into 52 languages, and he sold more than 17 million books. He achieved fame with the publication of his books on the Canadian north, such as People of the Deer and Never Cry Wolf. [Wikipedia](#)

Q. A book you would recommend and why?



It's a deeply touching novel about the plight of animals and complex emotions they go through.

It really makes you re-evaluate the way you look at the world doing so through a animal's perspective.

Q. You are most proud of?

The life I have made for myself and my family.

I'm so proud of my children and the way they were raised.

I'm so proud of the fact they are 100 % unapologetically true to themselves.

My children want to make the world a better place and they aren't afraid to stand up for that.

Q. You win the lottery grand prize. You do what?

Oh my... Well, first of all I would do the responsible thing and pay off all my debts.

Then, I'd share with my extended family. Travel ! Do all the fun things.

Also, I have always wanted to start a non profit program for young moms.

I was a teenage mom. Without the help of my parents pushing me to finish my education and to strive for more I have no idea where I would be.

Not everyone has that support system. Yet, everyone deserves to have it.

Q. Favorite movie? Theatre? Music?

I have lots of favorite movies. I **LOVE** scary movies or serial killer documentaries. Yes, I know, this is a weird past time).

I'm not huge on theater. That said, my oldest daughter has taken a liking to it and that has broadened my view of it.

Music is a very large part of my life. Listening and playing.

My favorite genre would most likely be Classic Rock, Bluegrass, Jazz.

Q. Your advice to the newcomer to your Region (New Brunswick / Canada)?

In my brief experience, I recommend that he /she learn. as much of the language as you can before you go to a new country.

Not having the language skills is a significant challenge indeed a detrimental barrier to overcome in the settlement process.

Having acquired those language skills prior to arrival can only enhance their chances to succeed and succeed most rapidly moving forward into

their integration of a new country.

Q. One word describes you?

***COMPASSIONATE
*It may depend on who you ask, lol**



Q. You are given three wishes. What would they be?

1. No more human or animal suffering.
2. That my parents and loved ones could live forever.
3. To be independently wealthy and live life on my terms.

Q. Who was your hero in your youth? Today?

I don't think I really had one hero. I suppose there are lots of people I looked up to for

different reasons. The same applies to today.

Q. In your opinion what are the challenges (and benefits) for the newcomer?

The challenges are so many: language, housing, adapting to different cultures, and racism. Benefits include:- meeting new people, being able to share your own culture with others., bringing cultural diversity to new places and new opportunities.

Q. The question you detest answering?

Honestly, any about myself **lol**. I am a very reserved person.

Q. What would you like to see written on your tombstone?

I don't want a tombstone.

Q. Please share something people may not know about you!

I write music and poetry and I keep a journal.

Q. Finally, what question would you have liked to have been asked?

How do you want to make a difference in your field of work ?

I want to bring more awareness into the community about newcomers. Break down the missconceptions and all the stereotypes.



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